

DAY 24 - PURSUING GOD WITH JOY

Core Value: Worship



Philippians 3:12 (CSB)

“Not that I have already reached the goal or am already perfect, but I make every effort to take hold of it because I also have been taken hold of by Christ Jesus.”

Psalm 16:11 (CSB)

“You reveal the path of life to me; in your presence is abundant joy; at your right hand are eternal pleasures.”

Joy is not the reward at the end of the journey—it is the strength that sustains the pursuit.

Paul does not press forward out of pressure, fear, or obligation. He presses forward because Christ has already taken hold of him. That truth changes everything. His pursuit is not frantic—it is grateful. It is worship in motion.

Many believers struggle to maintain a daily devotional rhythm not because they lack discipline, but because joy has been replaced by duty. Over time, meeting with God can begin to feel like a task instead of a relationship.

Scripture gently corrects this. Psalm 16 reminds us that joy is found *in God's presence*. Not at the finish line. Not after everything is resolved. Joy is available now, as we draw near.

Worship is what keeps pursuit from becoming performance. It realigns our hearts with who God is and why we seek Him. When devotion becomes joyless, it becomes unsustainable. But when worship is woven into daily pursuit, time with God becomes something we return to—not because we have to, but because we want to.

This is the heart of lasting devotion: not striving harder, but delighting more deeply. God does not invite us to chase Him through exhaustion. He invites us to walk with Him through joy.

As you prepare to continue this practice beyond this guide, remember: God is not waiting for you at the finish line—He is meeting you in the pursuit.

Core Value Practice — Worship

Read Psalm 16:11 slowly.

Then write:

“When I meet with God, I desire to experience...”

Practice Steps

1. Find a quiet place and take a moment to just be still.
 2. Read Psalm 16:11 aloud.
 3. Sit quietly for one minute, asking God to restore joy in your time with Him.
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Reflection Questions

1. When has your time with God felt joyful rather than obligatory?
 2. What has most often drained joy from your spiritual practices?
 3. How might worship reshape your desire to meet with God daily?
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Daily Action Challenge: Add one joyful element to your devotional time.

Choose one small way to make your time with God life-giving:

- Light a candle
- Listen to a worship song
- Go outside
- Write a prayer of gratitude

Before bed, pray:

“God, help me desire Your presence tomorrow.”

Guided Prayer

God, Thank You that You invite me into Your presence. Restore joy where devotion has felt heavy. Teach me to pursue You not out of obligation, but out of love and gratitude for who You are. Let worship become the strength that sustains my journey, and joy the reminder that You are near. Amen.